



Transforming loss...

into living again with

faith, hope, and love

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Counseling and Grief Counseling Early Years of Education/Training/Experience

1990

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| Aug | Began UNC Greensboro MEd Counseling Program | |
| Sept – Nov | Hospice Volunteer Training | 18 hrs |
| Nov – May 1993 | Hospice Volunteer: patient/family, group facilitator, Article contributor, children's grief camp co-facilitator, Bereavement counselor (Hours include 1990 - May 1993) | 200 hrs |

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1991

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| Jan 16-18 | Bereavement Skills Training: 3 days, Dr Alan Wolfelt | 18 hrs |
| April – 1993 | Transition Center Volunteer: grief group facilitator, phone support, article contributor | 80 hrs |
| | Individual Supervision by M P, MEd, NCC | 14 hrs |
| April 9 | Suicide Workshop: Dr Wolfelt | 3 hrs |
| April 18 | Grief Counseling Workshop: Ms Soltyes | 5 hrs |
| June 5 | *NCABC Annual meeting & seminar | 5 hrs |
| July 18 | Grief Seminar: Pet Loss | 2 hrs |
| Sept 17 & 19 | Hospice Workshop: Children and Loss | 4 hrs |
| Sept 27 | Stress Reduction Workshop | 4 hrs |
| Dec 6 | Crisis Intervention Training | 4 hrs |
| Dec 10 | Winston-Salem, NC Hospice Workshop: Families in Grief | 8 hrs |

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1992

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|-----------------|--|--------|
| Feb 7 | Charter Hospital: Boundaries of Therapeutic Relationship | 4 hrs |
| June 3 | NCABC Workshop: Multicultural issues in grief | 5 hrs |
| June 10 | *AHEC Workshop: Depression | 3 hrs |
| July 10-11 | Compassionate Friends National Conference/Workshops | 16 hrs |
| Aug 31 & Sept 2 | Hospice Training: Dying child | 6 hrs |
| Oct 7 | NCABC Workshop: Disenfranchised Grief | 4¼ hrs |
| Dec 4 & 5 | Satir Workshop: Loss, grief, and healing | 12 hrs |

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1993

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| Jan 6 | NCABC Workshop: Role of Psychiatrist | 3 hrs |
| Mar 3 | NCABC Workshop: Growing up with grief | 4 hrs |
| May 3 & 4 | Hospice 'Reaching for Rainbows' children's grief Camp counselor | 17 hrs |
| May - Dec | Hospice at Greensboro: UNCG MEd Counseling Internship | |
| | Total Hours of Work | 725 hrs |
| | Total Hours of Direct Contact | 288 hrs |
| | Total Hours of Supervision | 56 hrs |
| June 4 | NCABC Workshop: Creative Arts and Grief | 4 hrs |
| Sept 9 | AIDS Workshop | 6 hrs |
| Oct 6 | NCABC Workshop: Suicide and Depression | 4 hrs |
| Nov 19 | UNCG: Legal Issues in Counseling | 4 hrs |
| Dec 17 | Completed MEd at UNC Greensboro | |
| | Total Practicum Contact Hours for all Counseling Courses (excluding Internship) | 112 hrs |
| | Total Supervision Hours for Practicum Courses | 16 hrs |
| Dec | Passed National Counselor Examination | |

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1994

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| Jan - Dec | Peer Group Supervision | 2 hrs/mo |
| Jan 13 | NCABC Workshop: Grief Assessment Model | 4 hrs |
| Jan 14 | Hospice Bereavement Volunteer Training Workshop | 5 hrs |
| Mar - Oct | Hospice at Greensboro: Contract work, Grief Counselor | 5-10 hrs/wk |
| Mar - Oct | Individual Supervision: Director of Bereavement Care | 1 hr/mo |
| Mar - present | 'Private Practice': Grief consulting one on one or by email/phone | 25-30 hrs/wk |
| Mar 11 | Mind Matters Seminar: Emotions, Depression | 6 hrs |
| Mar 29 | NCABC Workshop: Rituals | 3 hrs |
| Mar 31 | *ADEC Seminar: Living with Grief, Personally and Professionally | 2 hrs |
| April 23 & 24 | Hospice 'Reaching for Rainbows' Children's Grief Camp | 15 hrs |
| June 29 | Career Track seminar: High impact communication for women | 4 hrs |

*NCABC = NC Association for Bereavement Care

*AHEC = Area Health Education Center

*ADEC = Association for Death Education and Counseling

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Group Facilitation & Co-Facilitation

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| Fall 1991 | Transition Center: Adult Grief Co-facilitator | 14 hrs |
| Winter 1991 | Transition Center: Adult Grief Co-facilitator | 14 hrs |
| Fall 1992 | Hospice at Greensboro: Children's Grief Co-facilitator | 18 hrs |
| May 1993 | Hospice at Greensboro 'Reaching for Rainbows' Children's Grief Camp Co-facilitator | 17 hrs |
| Summer 1993 | Hospice at Greensboro: Adult and Children's Grief Co-facilitator | 22 hrs |
| | Adopted Families' National Conference: Death of an Adopted Child Co-facilitator | 2 hrs |
| Mar – Oct 1994 | Bereaved Parent Support Group Facilitator | 4 hrs/mo |
| April 1994 | Hospice at Greensboro: 'Reaching for Rainbows' Children's Grief Camp Co-facilitator | 15 hrs |

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Grief Presentations

Panel Discussion Member

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| Dec 1991 & 1992 | Transition Center: Coping with the Holidays |
| Feb 1992 | Transition Center: Bereavement and the Clergy |
| Mar 1993 | NCABC: Growing up with Loss |

Speaking Engagements

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| Sept 1992 | Hospice Volunteer Training Session: Parental Grief |
| Sept 1992 | Community Roundtable: Moving Beyond Survival ~ Living after the death of a child |
| Mar 1994 | Triad Health Project Volunteer Training Session: Facilitating Grief |
| Mar 1994 | Compassionate Friends Support Group: Coping with Anger |
| April 1994 | Medical Grand Rounds at Moses Cone Hospital (Greensboro) Facilitating Grief for Medical Professionals |
| May 1994 | Bereaved Parent Support Group (High Point): Coping Strategies For Bereaved Parents |
| Aug 1994 | March of Dimes Regional Genetic Conference (Winston-Salem) Crisis and Grief Counseling ~ Helping Families Cope with a Genetic Disorder |
| Nov 1994 | Compassionate Friends Support Group: Taking Care of Ourselves Through the Holidays |

Television Appearances

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| Feb 1992 | The Good Morning Show (Greensboro): Women within the Funeral Industry and Issues surrounding grief |
| Feb 1992 | Duke University Public Relations (Durham): Gould Family Interview for The Children's Miracle Network |



Publications

Gould, DL (1991-present): Most of the articles below are also on the FOD Family Support Group website at www.fodsupport.org (Coping and Healing page), as well as all of my current writings and newsletters. Co-editor and author of **MCAD Communication Network**, now called the **FOD Communication Network**. This is an international Family Support Group newsletter for over 900 Families in the US, Canada and overseas that are living with rare metabolic disorders called Fatty Oxidation Disorders.

Gould, DL (1994, November). *What my boys mean to me*

Gould, DL (1994, October). *My love for Kristen ~ My eyes tell it all*

Gould, DL (1994, September). *I've seen the light*

Gould, DL (1994, September). *Voice of hope*

Gould, DL (1994, June). *MCAD: In memory of Kristen*, **Research Trust for Metabolic Diseases in Children** (England), Volume 4, No.7, pp. 14-15

Gould, DL (1994, March). *Set free*

Gould, DL (1994, February). *When a child dies*, **Hospice at Greensboro, Inc. newsletter**

Gould, DL (1993, June). *The healing power of love messages* **Bereavement**, p. 16

Gould, DL (1993, Spring). *Reaching for rainbows*, **Thanatos**, p. 27

Gould, DL (1993, January). *Grief reconciliation: Letting go of self-limiting identities*, **The Caregiver Newsletter**, pp. 4-5 (Distributed by The Transition Center, Greensboro, NC)

Gould, DL (1993, Winter). *Renewed strength and hope* **Compassionate Friends Newsletter** (Greensboro, NC) p. 3

Gould, DL (1992, Fall). *A mother's journey through grief*, **Hospice at Greensboro Kaleidoscope Volunteer Training Handbook**

Gould, DL (1992, May). *What really makes us rich?* **The Caregiver Newsletter**, p. 4

Gould, DL (1992, January). *Rediscovering joy*, **The Caregiver Newsletter**, pp. 1-2

Gould, DL (1991, Fall). *Our child's memory*, **Compassionate Friends Newsletter**, p. 3

Gould, DL (1991, Fall). *Suggestions to help you through the holidays*, **Compassionate Friends Newsletter**, p. 3